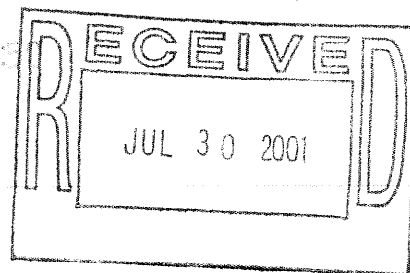




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products/Labeling & Dietary  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-810)  
Washington, D.C. 20204

July 9, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Hops-Valerian supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin City and Vitamin World:

- Supports Relaxation
- Promotes Relaxation
- Valerian works in harmony with your natural cycle to help promote relaxation.
- Our Hops-Valerian Combination helps you leave your busy day behind and get the tranquil rest you deserve.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

OS/lt

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